



MBTI Personality Profiling

October 22, 2016

Program Conductors: Mr. Shrikanth Tholpadi and Mr. Sneyhil Aggrahari

Personality profiling is being used extensively by organizations for employment, training institutions to equip the participants with information about their strengths and areas of growth and psychologist for the clinical setting. Use of a standardized personality profiling tool is known to have its benefits for the users. Self awareness is one of the cornerstones of building leadership skills in an individual. MBA students, who are the future leaders and managers can leverage from an opportunity to understand their personality profile so as to help them choose a career which is most fulfilling and stable. Keeping this rationale in mind, two resource people were identified for conducting a half day session on “MBTI personality profiling” at CMS Business School, Jain University.

Objectives

The main objective of this session was to improve self awareness, which can be useful in work settings, to make participant appreciate the reasons behind individual differences and to enhance interpersonal effectiveness. A group of 120 students from first year MBA attended the first session. 60 students from final year MBA attended the second session of MBTI profiling.

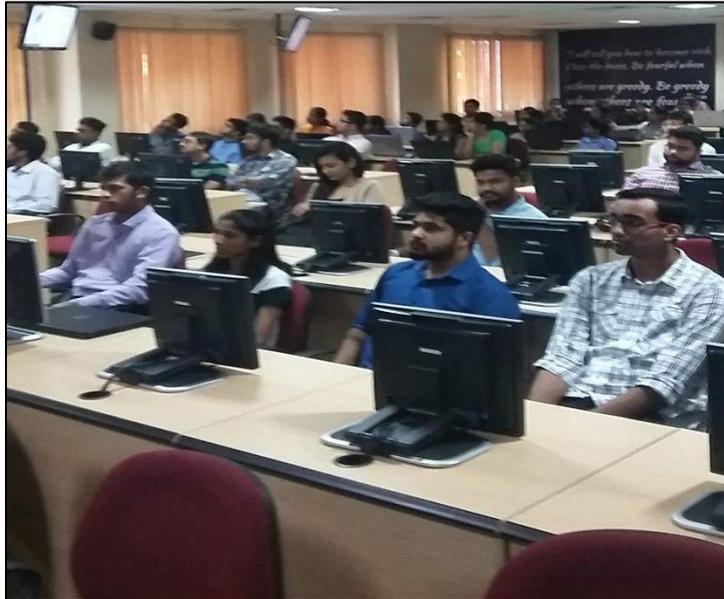


Mr Shrikanth is working as a Business HR Partner for Harman International Pvt. Ltd. He has 10 plus years of experience in the field of business operations, training & development & HR domain. Along with HR specialization in MBA, he is a certified NLP practitioner & Certified Personal Profile Analyst. Mr. Sneyhil started his professional career with Amazon.com as a Fraud Investigator and then moved on to teaching stint. He started his own academy - Ethos Coaching Academy while getting certified as a Neuro Linguistic Programming Practitioner simultaneously. He also has founded and is the CEO of O!ZAP Technologies, a start up dealing in Digital Marketing & Advertising which is now LIVE at 20+ locations in Bangalore.



After the introduction of the resource people by chief counselor Dr Uma Warriar, The session opened with an activity by Sneyhil as an icebreaker. The ice breaker session Playing Tom &

Jerry “made the participant understand that we often do not pay attention to what is spoken to us due to either pre evaluation or pre conditioned mindset.



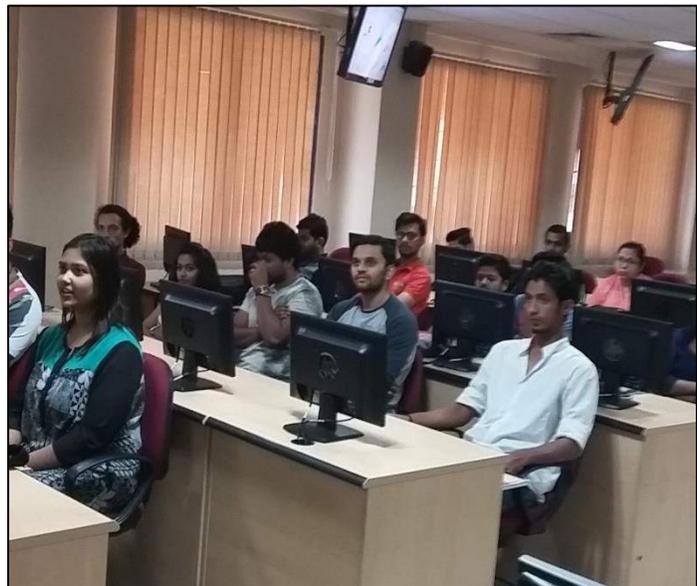
MBTI personality profile introduction was given by Sneyhil and the specific application of MBTI viz a viz understanding whether an individual draws energy fro external or internal sources, how one acquires and gathers information, how one make decisions or judgements, and how one relates to the outside world. A brief mention of the developers of the test, Katharine Briggs & Isabel Myers was given to make participants get familiar with MBTI

Online mode for administering the MBTI profiling tool was chosen due to easiness and accuracy of profiling. The short form of MBTI was administered, which has 72 questions. Participants were guided to fill in their responses whenever needed. Administration time was around 25 minutes.



After all the participants completed their responses, the results were obtained online. Participants received their personality profiling with varying percentage of the 4 combinations of personality type.

The participants' personality types were recorded for any future research in this area.



The personality attributes of each type was discussed extensively. Occupational trends of all 16 personality types were discussed.

The floor was thrown open for questions and answers. The participants had prolonged integration with the resource people, considering that the industrial experience of the resource



Effective Problem Solving

October 20, 2016

Program was conducted by Ms. Rakshita Satish Chandra, Founder Member - TAITILA

Problems solving is part of our daily chores. Problems from multiple walks of life, of multiple dimensions of different degrees of urgency can make one feel overwhelmed. Problems are also wake up calls for creative thinking; it is our own thinking which makes a particular situation a problem.

Objective:

To focus on creating or finding out opportunities every time one encounters a problem.

Learning Outcome:

MBA final year students of Jain University are undergoing their placement drive of different companies and this adds to the existing list of problems for students. Hence the spokesperson with some level of experience was considered for the guest session.

The expected learning outcome of the session is Positive Attitude, Learning to solve their own Problems, Creative thinking, and Minimizing dependency on others.

Details:

The session started with the spokes person narrating the inspirational story of Arunima Sinha, the first Indian woman who climbed Mount Everest with amputated leg after she was thrown from a moving train. Ms Rakshita had an interactive session with students on different problems and challenges faced by teenagers.

To involve students in the session, the spokesperson conducted an activity to help students to solve their problems by themselves. Students were requested to write their one single problem in 30 words. Later they were asked to reduce it to 10 words and later to 5 words, by striking off the less relevant points in those 30 words. These are the focal points of the problem and the solution revolves around these words.

The activity was aimed at making the participant self reliant for solving their problems. Though problems can be solved by seeking expert opinion, hanging the problem to reduce the severity of the consequence, avoiding the problem and the like, to become self sufficient in solving problem is superior to all.

